

Information for the User

Night Nurse capsules



What you should know about *Night Nurse Capsules*

Please read this leaflet carefully before you start to use **Night Nurse Capsules**, especially the section headed "Check before you take this medicine". If you have any questions or are not sure about anything, ask your doctor or pharmacist. Keep this leaflet, you may want to read it again.

What is in the pack?

Night Nurse Capsules

10 green and white capsules.

What is in *Night Nurse Capsules*?

Each capsule contains Paracetamol Ph Eur 500 mg, Promethazine Hydrochloride Ph Eur 10 mg and Dextromethorphan Hydrobromide Ph Eur 7.5 mg as the active ingredients.

The capsules also contain lactose, dimethicone, colloidal anhydrous silica, gelatin and colours erythrosine (E127), patent blue V (E131), quinoline yellow (E104) and titanium dioxide (E171). Carbohydrate content 0.1 g per capsule.



Who makes *Night Nurse Capsules*?

The product licence holder is:
GlaxoSmithKline Consumer Healthcare, Brentford, TW8 9GS, U.K.
and all enquiries should be sent to this address.

They are manufactured by:
Wrafton Laboratories Ltd,
Wrafton, Braunton,
North Devon, EX33 2DL,
England.



How do *Night Nurse Capsules* work?

Paracetamol is an analgesic (a pain killer) and antipyretic (it reduces body temperature when you have a fever). Promethazine is an antihistamine which dries up a runny nose, so easing breathing. Dextromethorphan is a cough suppressant which relieves dry or tickly coughs.



What are *Night Nurse Capsules* for?

Night Nurse Capsules are for the night-time relief of the symptoms of colds, chills and influenza. These symptoms include headache, shivers, aches and pains, sore throat pain, runny nose, and a dry, tickly, non-productive cough. Relieving these symptoms will help you get a less disturbed night's sleep.

Check before you take this medicine



IMPORTANT:

Night Nurse Capsules are a complete night-time cold and flu treatment. Do not take with any other paracetamol-containing products. Do not take with other flu, cold or decongestant products at night, or with alcohol.

Night Nurse Capsules may cause drowsiness, but as the product is intended to be taken only at bedtime, this shouldn't be a problem. However, if you are affected, you should not drive or operate machinery.



Do not take **Night Nurse Capsules** if:

- you are allergic to paracetamol, promethazine hydrochloride, dextromethorphan hydrobromide or any of the other ingredients listed.
- you have kidney or liver problems.
- you are taking, or have taken in the last two weeks, medicines prescribed by your doctor or hospital for depression (including monoamine oxidase inhibitors or MAOIs).
- you are having a pregnancy test carried out on your urine.

Talk to your doctor first if:

- you have asthma or other breathing problems, epilepsy, glaucoma, urinary retention (difficulty in passing water), or prostate or heart problems.
- you are taking medicines to thin the blood (anticoagulants e.g. warfarin).
- you are taking medicines which make you drowsy, or which give you a dry mouth or blurred vision, or which have been prescribed for anxiety or to help you sleep.

If you are pregnant or breast feeding:

As with all medicines you should ask your doctor before using **Night Nurse Capsules** if you are pregnant or breast feeding. You should only use the product at this time if your doctor thinks it appropriate and necessary.

How should you take **Night Nurse Capsules**?

Adults (including the elderly) and children aged 12 years and over:
Take 2 capsules just before bedtime.

Do not take **Night Nurse Capsules** if you have already taken **4** doses of a paracetamol-containing product during the day.

Not to be given to children under 12 years of age except on medical advice. You should only take one dose of **Night Nurse Capsules** per night.

If symptoms persist consult your doctor.



What should you do if you take too much?

It would be harmful to take more than the doses stated on the pack and in this leaflet. Immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.



Will **Night Nurse Capsules** suit you?

Most people taking **Night Nurse Capsules** find they cause them no problems. However, occasionally some people may get skin rashes, other allergic effects or become extra sensitive to sunlight. Movement difficulties, dry mouth, blurred vision, disorientation, restlessness and dizziness may also occasionally occur. Some people may occasionally get an upset tummy or experience difficulty in passing urine. All these effects should go away once you stop taking the medicine.

If you are concerned about these effects, or if **Night Nurse Capsules** affect you in any other way, stop taking them and talk to your doctor or pharmacist.



Further Information

Expiry date

Do not use this medicine after the "Use by end of" date shown on the pack.

Remember: Keep all medicines safely away from children.

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GlaxoSmithKline

GlaxoSmithKline Consumer Healthcare,
Brentford, TW8 9GS, U.K.

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