
FRONT OF PACK (Refer to Brand Principles and readability guideline)



CONSTIPATON RELIEF *Suppositories* *Glycerol*

- ✓ **Effective relief of occasional constipation**
- ✓ **For adults**
12, 24 x 4g e

BACK OF PACK (Refer to Brand Principles and readability guideline)

Read all of this carton for full instructions.

Uses: This medicine contains Glycerol, which belongs to a group of medicines called laxatives, which act to increase bowel movements and relieve occasional constipation.

Before you use this medicine

X Do not use:

- **If you are allergic** to any of the ingredients
- **If you are pregnant or breastfeeding**, unless your doctor tells you to
- **For children under 12 years of age**

✓ **How to use this medicine**

Check the blister is not broken before use. If it is, do not use that suppository.

Wash hands thoroughly before and after inserting the suppository. Remove the protective film. Moisten the suppository with water and insert deep into the rectum.

Adults: Gently insert one moistened suppository deep into the rectum as required.

Use only in the rectum. Do not swallow the suppository.

Do not use for children under 12 years of age.

If anyone accidentally swallows a suppository: Talk to a pharmacist or doctor.

Possible side effects

Most people will not have problems, but some may get:

- Irritation of the bowel, which may cause diarrhoea, wind or bowel pain and occasionally abdominal cramps

If any side effect becomes severe, or you notice any side effect not listed here, please tell your pharmacist or doctor.

How to store this medicine

Store below 25°C. Store in a dry place.

Keep all medicines out of the sight and reach of children.

Use by the date on the side panel of the carton.

Active ingredient

Each suppository contains Glycerol 70% w/w.

Also contains: gelatin, purified water.

PL 12965/0015

Text prepared 7/13

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing
Authorisation holder LCM Ltd Linthwaite Huddersfield HD7 5QH

If you need more advice ask your pharmacist.

Other formats

To request a copy of this carton in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK only)

Please be ready to give the following information:

Product name: Boots Constipation Relief Suppositories

Reference number: 12965/0015

This is a service provided by the Royal National Institute of the Blind.