



# Vicks Cough Syrup for Chesty Coughs

Guaifenesin 1.333% w/v

## Patient Information Leaflet

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#### Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to take Vicks Cough Syrup for Chesty Coughs carefully to get the best results from it.

- **Keep this leaflet.** You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## 1. What Vicks Cough Syrup for Chesty Cough is and what it is used for

Vicks Cough Syrup for Chesty Coughs contains the active ingredient guaifenesin. The syrup works by soothing and coating the throat and also thinning and loosening mucus (phlegm). This makes it easier to cough.

## 2. Before you use Vicks Cough Syrup for Chesty Coughs

### Do not take Vicks Cough Syrup for Chesty Coughs if you:

- are allergic to guaifenesin or other ingredients (see section 6)

### Do not give Vicks Cough Syrup for Chesty Coughs to children under 12 years of age.

### Take special care with Vicks Cough Syrup for Chesty Coughs

Talk to your doctor or pharmacist before taking this medicine if you:

- have ever had liver problems
- are diabetic or have difficulty digesting some sugars

#### Taking other medicines

**Please inform your doctor or pharmacist before you take Vicks Cough Syrup for Chesty Coughs if you are taking any other medicines, including those obtained without prescription**

#### Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking this product if you are pregnant or breast feeding.

#### Driving and using machines

There is no evidence that the active ingredient will affect your ability to drive or operate machinery. It should be noted that this product contains a small amount of alcohol.

### Important information about some of the ingredients of Vicks Cough Syrup for Chesty Coughs

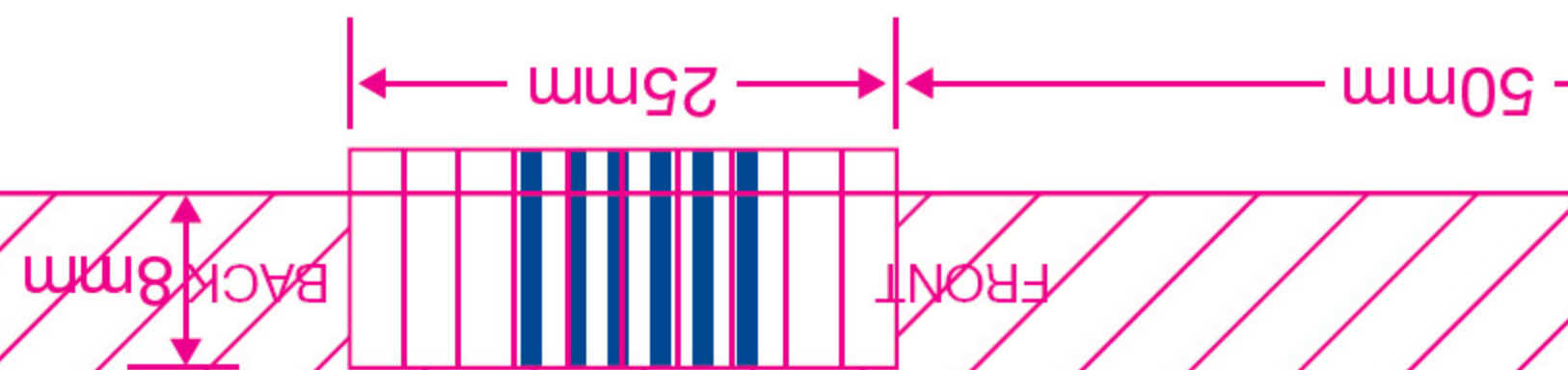
This medicine contains:

- This medicinal product contains 5 vol % ethanol (alcohol), i.e. up to 640 mg per 15ml dose, equivalent to 15 ml beer, 6.3 ml wine per 15ml dose. Harmful for those suffering from alcoholism. To be taken into account in pregnant or breast-feeding women, children and high-risk groups such as patients with liver disease, or epilepsy
- **sugar** (sucrose) - Each 15 ml adult dose contains 5.55 g of sucrose. This should be taken into account in patients with diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, **consult your doctor** before taking this medicinal product.
- 1.3 mmol (or 30 mg) sodium per 15ml dose. To be taken into consideration by patients on a controlled sodium diet



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## 3. How to take Vicks Cough Syrup for Chesty Coughs

Always take Vicks Cough Syrup for Chesty Coughs exactly as your doctor or pharmacist has told you; check with them if you are not sure about anything.

### Dosage:

This syrup is to be taken by mouth. Shake well before use.

**Adults and Children over 12 years:**  
3 x 5ml teaspoons of syrup.

Repeat the dose every 4 hours if required.

**Do not** take more than 6 doses in 24 hours.

**Do not give this medicine to children under 12 years of age**

**Do not exceed the recommended dose.** If symptoms persist, speak to your pharmacist or doctor.

### If you take more Vicks Cough Syrup for Chesty Coughs than you should

**Seek medical advice immediately** if you accidentally take more syrup than you should or give a child more syrup than is recommended.

### If you forget to take Vicks Cough Syrup for Chesty Coughs

If you accidentally miss a dose, **do not** take a double dose; just take the next dose as normal.

If you have any further questions on the use of this product, ask your pharmacist.

## 4. Possible side effects

Like all medicines, Vicks Cough Syrup for Chesty Coughs can cause side effects, although not everyone gets them. The syrup may cause a stomach upset.

### If any side effects you experience become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## 5. How to store Vicks Cough Syrup for Chesty Coughs

**Keep out of the reach and sight of children.** Store below 25°C.

Do not take Vicks Cough Syrup for Chesty Coughs after the expiry date which is printed on the bottle or carton. The expiry date refers to the last day of the month stated.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 6. Further Information

### What Vicks Cough Syrup for Chesty Coughs contains

**Each 15ml adult dose contains the active ingredient:** guaifenesin 200mg

**Also includes:** Sucrose, Propylene glycol, Ethanol, Sodium citrate, Sodium carboxymethylcellulose, Citric Acid, macrogol stearate 40, Flavour 9512, Balck Cherry Flavour, Sodium benzoate, Polyethylene oxide, Sodium saccharin, Menthol, Ponceau Red 4R (E124), Menthoxypropanediol, water. (see also section 'Important information about some of the ingredients in Vicks Chesty Cough Syrup with Honey' in section 2).

**This pack contains** 15, 30, 100, 120, 180ml of a pale yellow liquid in a glass bottle (Not all pack sizes are marketed).

### Marketing Authorisation Holder

Procter & Gamble (Health & Beauty Care) Limited, Weybridge, Surrey, KT13 OXP, UK (send all enquiries to this address).

**Manufacturer:** Procter & Gamble Manufacturing GmbH, Procter & Gamble Strasse 1, 64521, Gross Gerau, Germany.

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