

RINSTEAD SUGAR FREE PASTILLES

Menthol and Cetylpyridinium chloride

Read all of this leaflet carefully because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact your doctor or dentist if your symptoms worsen or do not improve after seven days.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Rinstead is and what it is used for
2. Before you take Rinstead
3. How to take Rinstead
4. Possible side effects
5. How to store Rinstead
6. Further information

1. WHAT RINSTEAD IS AND WHAT IT IS USED FOR

Rinstead sugar free pastilles contain cetylpyridinium chloride, an antiseptic that helps to kill germs that can cause infections and menthol, which has a soothing effect. They are used to treat pain and soreness caused by mouth ulcers and sore spots caused by dentures rubbing.

2. BEFORE YOU TAKE RINSTEAD

Do not take Rinstead if you, or your child, have ever had an allergic reaction to cetylpyridinium chloride or menthol or to any of the other ingredients in the pastilles.

Pregnancy and breast-feeding

Ask your pharmacist for advice before taking any medicine.

Important information about some of the ingredients of Rinstead

Rinstead contain a red colouring agent, amaranth, which may cause allergic reactions and sorbitol. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

3. HOW TO TAKE RINSTEAD

Let one pastille dissolve slowly in your mouth no more often than every two hours.

Children under 12 years old should not take Rinstead.

If you take more Rinstead than you should

If you, or somebody else, accidentally swallows a large number of pastilles, you should contact your doctor.

4. POSSIBLE SIDE EFFECTS

Some people may develop a sensitivity reaction to the pastilles. If this happens to you, stop taking the pastilles.

If you are worried by this, or if you think that you have any other side effects from taking this medicine, please tell your doctor or pharmacist.

5. HOW TO STORE RINSTEAD

The pastilles should be stored below 25°C.

All medicines should be stored out of the reach and sight of children, preferably in a locked cupboard.

Do not take the pastilles after the date that is stamped on the carton.

6. FURTHER INFORMATION

What Rinstead contains

Each pastille contains menthol 0.033% w/w and cetylpyridinium chloride 0.128% w/w, which are the active ingredients

The other ingredients are tartaric acid; amaranth E123; Rinstead oils; sodium ricinoleate; acesulfame potassium; acacia gum; sorbitol (E420); silicone antifoam, vegetable oil, beeswax and water.

What Rinstead looks like and contents of the pack

Rinstead sugar free pastilles are available in cartons containing 24 pastilles.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder:
Merck Sharp & Dohme Limited
Hertford Road
Hoddesdon
Hertfordshire EN11 9BU
UK

Manufacturer:
Ernest Jackson and Co. Ltd
29 High Street
Crediton
Devon EX17 3AP
England

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