

| Nutrient | Per 1gummy | Unit | % NRV |
|-----------------------------|-----------------------|----------------|------------------|
| Vitamin A | 600 | µg RE | 75 |
| Vitamin D3 | 10 | µg | 200 |
| Vitamin E | 8 | mg α- TE | 67 |
| Vitamin C | 60 | mg | 75 |
| | | | |
| Flaxseed oil (Omega 3) | 48 | mg | N/A |
| Providing | | | |
| Alpha-Linolenic Acid (ALA) | 20 | mg | |

NRV means Nutrient Reference Value.