

	Per 100g	Per 15g	*%RI
Energy	73kJ (17kcal)	11kJ (3kcal)	
Carbohydrate	4.2g	0.0g	
of which sugars	0.1g	0.0g	
<b>Vitamins and minerals</b>			
Niacin		10mg	63
Riboflavin		1mg	71
Vitamin B6		0.2mg	14
Vitamin B12		15ug	592
Biotin		10ug	21
Calcium		214mg	27
<b>B4 Bomb Blend</b>			
L-citrulline		7000mg	
Beta-alanine		1500mg	
Aspartic acid		1400mg	
Creatine monohydrate		1000mg	
N-acetyl-L-tyrosine		300mg	
Caffeine		200mg	
Zynamite [mango extract]		200mg	
AstraGin (Panax ginseng and Astragalus membranaceus extracts)		31mg	
EnXtra [Aplinia galanga extract (10:1)]		26mg	