

Typical Values	Per 100g	Per 60g
Energy	1505kJ	903kJ
Energy	357kcal	214kcal
Fat	6.2g	3.7g
of which saturates	2.7g	1.6g
Carbohydrate	12g	7.5g
of which sugars	4.4g	2.6g
Fibre	8.3g	5.0g
Protein	59g	35g
Salt	0.35g	0.21g
Vitamins and Minerals		
Caffeine	30.0mg	18.0mg
Choline	138.0mg	82.8mg
Green Tea Extract	450.0mg	270.0mg
L-Glutamine	1.9g	1.1g
CLA (Conjugated Linoleic Acid)	624.0mg	374.4mg

NRV = Nutrient Reference Value

Contains 16 servings