

Each Portion (6 Squares) Contains

Energy	Fat	Saturates	Sugars	Salt
496kJ 120 Kcal 6%	8.4g 12%	4.7g 24%	2.7g 3%	0.05g 1%

Nutrition Information:

Typical Values	Per 100g/ml	% RI* Per 100g	Per Portion (6 Squares)	% RI* Per Portion	RI* for Average Adult
Energy kJ/kcal	1984 / 478	24%	496 / 120	6%	8400 / 2000
Fat	33g	47%	8.4g	12%	70g
of which saturates	19g	95%	4.7g	24%	20g
Carbohydrate	50g	19%	13g	5%	260g
of which sugars	11g	12%	2.7g	3%	90g
of which polyols	35g	-	8.7g	-	-
Fibre	2.2g	-	0.6g	-	-
Protein	6.9g	14%	1.7g	3%	50g
Salt	0.2g	3%	0.05g	1%	6g

*RI = Reference intake of average adult 8400kJ/2000kcal.