

10276031

Nutrition Information

Ingredient	Per Tablet	%NRV
Vitamin C	500 mg	625
Thiamin (Vitamin B1)	15 mg	1364
Riboflavin (Vitamin B2)	16.5 mg	1179
Niacin	50 mg NE	313
Vitamin B6	10 mg	714
Folic Acid	400 µg	200
Vitamin B12	10 µg	400
Biotin	150 µg	300
Pantothenic Acid	23 mg	383
Calcium	120 mg	15
Magnesium	100 mg	27
Zinc	10 mg	100
NRV = Nutrient Reference Value		