

PRODUCT SPECIFICATIONS	
<b>Alarm</b>	Yes
<b>Activity/Sports</b>	<ul style="list-style-type: none"> <li>Step Counter</li> <li>Calories Burned</li> <li>Floors Climbed</li> <li>Distance Travelled</li> <li>Intensity Minutes</li> <li>Trueup™</li> <li>Move IQ™</li> <li>Garmin Connect™ Challenges App</li> <li>Automatic Rep Counting</li> <li>Available Gym Activity Profiles Strength, Cardio, HIIT And Elliptical Training, Stair Stepping, Floor Climbing, Indoor Rowing, Yoga, Pilates And</li> <li>Breathwork</li> <li>On-Screen Workout Animations</li> <li>On-Screen Workout Muscle Maps</li> </ul>
<b>Battery Life</b>	<ul style="list-style-type: none"> <li>Smartwatch: Up to 21 days</li> <li>Battery Saver Watch Mode: Up to 50 days</li> <li>GPS: Up to 22 hours</li> <li>Max Battery GPS Mode: Up to 54 hours</li> <li>Expedition GPS Activity: Up to 25 days</li> </ul>
<b>Compatibility with Smart Phone</b>	iPhone®, Android™
<b>Connectivity Type</b>	Bluetooth®, ANT+®
<b>Dimensions</b>	40 x 40 x 13.3 mm
<b>Display Detail</b>	<ul style="list-style-type: none"> <li>Display Size Custom, Two-Window Design; 0.79" X 0.79" (20 X 20 Mm)</li> <li>Display Resolution 156 X 156 Pixels (Active Area)</li> <li>Display Type Monochrome, Sunlight-Visible, Transflective Memory-In-Pixel (Mip)</li> </ul>
<b>Location Services</b>	GPS, Find my Phone, Find my Watch
<b>Materials</b>	<ul style="list-style-type: none"> <li>LENS MATERIAL Chemically-strengthened glass</li> <li>BEZEL MATERIAL Fibre-reinforced polymer</li> <li>CASE MATERIAL Fibre-reinforced polymer</li> <li>QUICKFIT™ WATCH BAND COMPATIBLE Yes (20 mm)</li> <li>STRAP MATERIAL Silicone</li> </ul>
<b>Memory</b>	32MB
<b>NFC Information</b>	Garmin Pay™
<b>Sensors &amp; Health monitoring</b>	<ul style="list-style-type: none"> <li>Wrist-Based Heart Rate</li> <li>Daily Resting Heart Rate</li> <li>Abnormal Heart Rate Alerts</li> <li>Garmin ECG App</li> <li>Body Battery™ Energy Monitor</li> <li>All-Day Stress Tracking</li> <li>Relaxation Reminders</li> <li>Relaxation Breathing Timer</li> <li>Sleep Score And Insights</li> <li>Hydration</li> <li>Women'S Health</li> <li>Health Snapshot</li> </ul>
<b>Safety Tracking Features</b>	<ul style="list-style-type: none"> <li>Livetrack</li> <li>Incident Detection During Select Activities</li> <li>Assistance</li> </ul>
<b>Screen size</b>	0.79" x 0.79" (20 x 20 mm)
<b>Smart Features</b>	<ul style="list-style-type: none"> <li>Connect IQ™ (Downloadable Watch Faces, Data Fields, Widgets And Apps)</li> <li>On-Device Connect IQ™ Store</li> <li>Smart Notifications</li> <li>Text Response/Reject Phone Call With Text (Android™ Only)</li> <li>Calendar</li> <li>Weather</li> <li>Realtime Settings Sync With Garmin Connect™ Mobile</li> <li>Battery Saver - Customisable Low Power Watch</li> <li>Music Storage</li> </ul>

	Virb® Camera Remote Pairs With Garmin Golf App
<b>Strap Colour</b>	Graphite Band
<b>Touch screen</b>	Yes
<b>Watch Type</b>	Fitness Smart Watch
<b>Water Resistance</b>	Yes - Water Rating 10 ATM
<b>Weight</b>	42g
<b>Wi-Fi/Wireless Connectivity</b>	Yes