

PRODUCT SPECIFICATIONS	
<b>Alarm</b>	Yes
<b>Activity/Sports</b>	Step Counter Calories Burned Distance Travelled Intensity Minutes Trueup™ Move Iq™ Gps Speed And Distance Customisable Screen Auto Lap® Manual Lap Activity History On Watch
<b>Battery Life</b>	Smartwatch mode: Up to 7 days GPS mode: Up to 13 hours Pool and OHR mode: up to 72 hours
<b>Compatibility with Smart Phone</b>	iPhone®, Android™
<b>Connectivity Type</b>	Bluetooth only
<b>Dimensions</b>	42 x 42 x 11.4 mm Fits wrists with a circumference of 129-197 mm Larger replacement bands are available as an optional accessory. Large bands fit wrists with a circumference of 151-219 mm
<b>Display Detail</b>	Display Size 1.04" (26.3 Mm) Diameter Display Resolution 208 X 208 Pixels Display Type Sunlight-Visible, Transflective Memory-In-Pixel (Mip)
<b>Location Services</b>	GPS, Find my Phone, Find my Watch
<b>Materials</b>	LENS MATERIAL Chemically-strengthened glass STRAP MATERIAL Silicone
<b>Memory</b>	50 hours of activity data
<b>NFC Information</b>	No
<b>Sensors &amp; Health monitoring</b>	Wrist-Based Heart Rate Daily Resting Heart Rate Abnormal Heart Rate Alerts Garmin Ecg App Body Battery™ Energy Monitor All-Day Stress Tracking Relaxation Reminders Relaxation Breathing Timer Sleep Score And Insights Hydration Women'S Health Health Snapshot
<b>Screen size</b>	1.04" (26.3 mm) diameter
<b>Smart Features</b>	Connectivity Connect Iq™ (Downloadable Watch Faces, Data Fields, Widgets And Apps) Smart Notifications Calendar Weather Controls Smartphone Music Compatible With Garmin Connect™ Mobile
<b>Strap Colour</b>	Slate Grey
<b>Touch screen</b>	Yes
<b>Watch Type</b>	Fitness Smart Watch
<b>Water Resistance</b>	Yes - Water Rating 5 ATM
<b>Weight</b>	36g
<b>Wi-Fi/Wireless Connectivity</b>	No