

PRODUCT SPECIFICATIONS	
Alarm	Yes
Activity/Sports	Step Counter Calories Burned Distance Travelled Intensity Minutes Trueup™ Move IQ™ Gps Speed And Distance Customisable Screen Auto Lap® Manual Lap Activity History On Watch
Battery Life	Smartwatch mode: Up to 7 days GPS mode: Up to 13 hours Pool and OHR mode: up to 72 hours
Compatibility with Smart Phone	iPhone®, Android™
Connectivity Type	Bluetooth only
Dimensions	42 x 42 x 11.4 mm Fits wrists with a circumference of 129-197 mm Larger replacement bands are available as an optional accessory. Large bands fit wrists with a circumference of 151-219 mm
Display Detail	Display Size 1.04" (26.3 Mm) Diameter Display Resolution 208 X 208 Pixels Display Type Sunlight-Visible, Transflective Memory-In-Pixel (Mip)
Location Services	GPS, Find my Phone, Find my Watch
Materials	LENS MATERIAL Chemically-strengthened glass STRAP MATERIAL Silicone
Memory	50 hours of activity data
NFC Information	No
Sensors & Health monitoring	Wrist-Based Heart Rate Daily Resting Heart Rate Abnormal Heart Rate Alerts Garmin Ecg App Body Battery™ Energy Monitor All-Day Stress Tracking Relaxation Reminders Relaxation Breathing Timer Sleep Score And Insights Hydration Women'S Health Health Snapshot
Screen size	1.04" (26.3 mm) diameter
Smart Features	Connectivity Connect IQ™ (Downloadable Watch Faces, Data Fields, Widgets And Apps) Smart Notifications Calendar Weather Controls Smartphone Music Compatible With Garmin Connect™ Mobile
Strap Colour	Whitestone
Touch screen	Yes
Watch Type	Fitness Smart Watch
Water Resistance	Yes - Water Rating 5 ATM
Weight	36g
Wi-Fi/Wireless Connectivity	No