

PRODUCT SPECIFICATIONS	
Alarm	Yes
Activity/Sports	Step Counter Calories Burned Floors Climbed Distance Travelled Garmin Connect™ Challenges App Automatic Rep Counting Available Gym Activity Profiles Strength, Hiit, Cardio And Elliptical Training, Stair Stepping, Floor Climbing, Indoor Rowing, Pilates And Yoga On-Screen Workout Animations On-Screen Workout Muscle Maps Customisable Activity Profiles Downloadable Training Plans Activity History On Watch
Battery Life	Smartwatch: Up to 18 days Battery saver watch mode: Up to 57 days GPS Only: Up to 57 hours All Satellite Systems: Up to 40 hours All Satellite Systems and Music: Up to 10 hours Max Battery GPS: Up to 136 hours Expedition GPS: Up to 40 days
Compatibility with Smart Phone	iPhone®, Android™
Connectivity Type	Bluetooth®, ANT+®, Wi-Fi®
Dimensions	47 x 47 x 14.5 mm
Display Detail	Display Size 1.30" (33.02 Mm) Diameter Display Resolution 260 X 260 Pixels Display Type Sunlight-Visible, Transflective Memory-In-Pixel (Mip)
Location Services	GPS, Find my Phone, Find my Watch
Materials	LENS MATERIAL Corning® Gorilla® Glass BEZEL MATERIAL Stainless steel CASE MATERIAL Fibre-reinforced polymer with metal rear cover
Memory	16GB
NFC Information	Garmin Pay™
Safety Tracking Features	Livetrack Group Livetrack Live Event Sharing Incident Detection During Select Activities Incident Detection Alert On Phone For Wearables Assistance
Sensors & Health monitoring	Wrist-Based Heart Rate Daily Resting Heart Rate All-Day Stress Tracking Sleep Score And Insights Hydration Women'S Health
Screen size	Screen - 1.30" (33.02 mm) diameter
Smart Features	Connect IQ™ (Downloadable Watch Faces, Data Fields, Widgets And Apps) On-Device Connect IQ™ Store Smart Notifications Text Response/Reject Phone Call With Text (Android™ Only) Calendar Weather Realtime Settings Sync With Garmin Connect™ Mobile Battery Saver - Customisable Low Power Watch Music Storage Virb® Camera Remote Pairs With Garmin Golf App
Touch Screen	Yes
Colour	Graphite Band
Watch Type	Advanced multi-sports watch
Water Resistance	Yes - Water Rating 10 ATM
Weight	79 g (case only: 56 g)
Wi-Fi/ Wireless Connectivity	Yes