

<b>PRODUCT SPECIFICATIONS</b>	
<b>Alarm</b>	Yes
<b>Activity/Sports</b>	Step Counter Calories Burned Distance Travelled Intensity Minutes Trueup™ Move IQ™ Available Gym Activity Profiles Cardio And Elliptical Training, Stair Stepping, Hiit, Pilates, Yoga Training, Planning And Analysis Features Gps Speed And Distance Customisable Screen(S) Downloadable Training Plans Audio Prompts Activity History On Watch
<b>Battery Life</b>	Smartwatch mode: Up to 2 weeks GPS mode: Up to 20 hours
<b>Compatibility with Smart Phone</b>	iPhone®, Android™
<b>Connectivity Type</b>	Bluetooth®, ANT+®
<b>Dimensions</b>	42 x 42 x 11.6 mm Fits wrists with a circumference of 126-203 mm
<b>Display Detail</b>	Display Size 1.04" (26.3 Mm) Diameter Display Resolution 208 X 208 Pixels Display Type Sunlight-Visible, Transflective Memory-In-Pixel (Mip)
<b>Location Services</b>	GPS, Find my Phone, Find my Watch
<b>Materials</b>	LENS MATERIAL Chemically strengthened glass QUICK RELEASE BANDS Yes (20 mm, Industry standard) STRAP MATERIAL Silicone
<b>Memory</b>	200 hours of activity data
<b>NFC Information</b>	No
<b>Safety Tracking Features</b>	Livetrack Live Event Sharing Android™ Only Incident Detection During Select Activities Incident Detection Alert On Phone For Wearables Assistance
<b>Sensors &amp; Health monitoring</b>	Wrist-Based Heart Rate Daily Resting Heart Rate Abnormal Heart Rate Alerts Garmin Ecg App Body Battery™ Energy Monitor All-Day Stress Tracking Relaxation Reminders Relaxation Breathing Timer Sleep Score And Insights Hydration Women'S Health Health Snapshot
<b>Screen size</b>	1.04" (26.3 mm) diameter
<b>Smart Features</b>	Smart Notifications Text Response/Reject Phone Call With Text (Android™ Only) Connected Gps Calendar Weather Controls Smartphone Music Compatible With Garmin Connect™ Mobile
<b>Touch screen</b>	Yes
<b>Watch Type</b>	Fitness Smart Watch
<b>Water Resistance</b>	Yes - Water Rating 5 ATM
<b>Weight</b>	37g
<b>Wi-Fi/Wireless Connectivity</b>	No