

Nutritional Information

	Av. per 2 tablets	%EC NRV*
Marine Collagen	200 mg	-
Horsetail Botanical Extract	200 mg	-
Grape Seed Extract	10 mg	-
L-Cysteine	100 mg	-
Inositol	200 mg	-
L-Methionine	50 mg	-
Co-Q10	5 mg	-
Citrus Bioflavonoids	15 mg	-
Natural Mixed Carotenoids	2 mg	-
Vitamin D (as D3 800 IU)	20 µg	400
Vitamin E	40 mg α-TE	333
Vitamin C	80 mg	100
Thiamin (Vit. B1)	8 mg	727
Riboflavin (Vit. B2)	4 mg	286
Niacin (Vit. B3)	18 mg NE	113

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Vitamin B6	10 mg	714
Folic Acid	400 µg	200
Vitamin B12	20 µg	800
Biotin	150 µg	300
Pantothenic acid	40 mg	667
Magnesium	75 mg	100
Iron	14 mg	20
Zinc	15 mg	150
Copper	1000 µg	100
Manganese	2 mg	100
Selenium	165 µg	300
Chromium	40 µg	100
Iodine	200 µg	133
* NRV - Nutrient Reference Value		
µg - microgram, mg - milligram, IU - International Units		