

Nutritional Information	per 2 capsule dose
L-Arginine	100mg
L-Cysteine	60mg
Glycine	100mg
L-Glutamine	100mg
Taurine	50mg
Coenzyme	15mg
Beta	2mg
Vitamin D3	20µg (400% NRV)
Vitamin E	20mg (166% NRV)
Vitamin K1	80µg (106% NRV)
Vitamin C	100mg (125% NRV)
Thiamine	20mg (1818% NRV)
Riboflavin	20mg (1428% NRV)
Niacin	25mg (156% NRV)
Vitamin B6	10mg (714% NRV)
Folic	400µg (200% NRV)
Vitamin B12	50µg (2000% NRV)
Biotin	1000µg (2000% NRV)
Pantothenic Acid	50mg (833% NRV)
Calcium	100mg (12% NRV)
Magnesium	250mg (66% NRV)
Iron	17mg (121% NRV)
Zinc	20mg (200% NRV)
Copper	1mg (100% NRV)
Manganese	2mg (100% NRV)
Selenium	200µg (363% NRV)
Chromium	100µg (250% NRV)
Iodine	150µg (100% NRV)

NRV = Nutrient Reference Value